

# TRENDS

JULY 2015

## 2015 EMPLOYEE ENGAGEMENT SURVEY RESULTS

In March and April, 73 percent of Abington – Jefferson Health (AJH) employees engaged with the organization by participating in the 2015 Employee Engagement survey. Staff responded with valuable feedback, thoughtful comments and genuine honesty reflecting their interest in making AJH the best it can be.

Given all of the changes our organization has experienced over the past year, many of you may be wondering why AJH conducted an engagement survey now. The answer to that lies in engagement itself, which is a continuous collaboration and communication needed in an organization during good times and challenging times. In fact, at times of change, engagement is a key to identify and address the impact of change on the organization, its employees and customers. Engagement helps to solidify AJH's commitment to its staff, keep lines of communication open, and build collaboration among staff to identify opportunities for improvement and impact positive change.



The engagement survey measures the percentage of actively engaged employees. AJH registered 28 percent actively engaged in this survey, a .8 percent increase over last year's score. The survey identified opportunities for improvement:

- Staff desire to have more opportunities to participate in decisions that affect their work environment, and also to help to contribute to the success of the organization
- Senior management continuing to demonstrate concern for the employees

*continued on page 2*



### Keeping Wandering-Risk Patients Safe

Research shows 11 to 39 percent of ambulatory patients with dementia wander while in an institution. Abington Hospital patients at risk for wandering will now be dressed in a maroon-colored gown. If you see a patient in a maroon-colored gown who is walking alone in an area that is not an adult-patient floor, please stay with the patient and call Security. This program is soon to come at Abington – Lansdale Hospital.

## PatientSafety

### NEW COMMITTEE READY FOR CASES OF INFECTIOUS DISEASES, VOLUNTEERS NEEDED



A new committee has been established at Abington with the goal of getting employees ready to manage cases of emerging pathogens – preparing for everything from measles to Ebola. The Being Ready All the Time Team (BRATT) was developed by **Donna Hosephros, RN** and **Debra Miller, RN** of Abington Hospital's Infection Control Department.

“This committee is dedicated to creating a safe environment for all Abington employees while delivering the highest standard of care to any patient presenting with symptoms related to an unusual, emerging or communicable disease, infection or pathogen,” said Hosephros.

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**UPCOMING DEADLINES**

**Wellness Credit Forms**

All required exams must be completed no later than July 31, 2015, and all forms must be fully completed and returned to Human Resources by August 14, 2015.

For more information, call 215-481-3600 or email [wellness@abingtonhealth.org](mailto:wellness@abingtonhealth.org).



**Flexible Spending Account (FSA) Claims**

Current 2014-2015 FSA participants have until September 15, 2015 to incur eligible expenses against the 2014-2015 plan year account. Discovery Benefits must receive all claims for the 2014-2015 plan year by the close of business on September 28, 2015.

Questions? Contact **Linda Colflesh** at 215-481-2657 or email [lcolflesh@abingtonhealth.org](mailto:lcolflesh@abingtonhealth.org).

**EMPLOYEE WELLNESS PROGRAM BRINGS CHANGES TO NUTRITION SERVICES**

*A number of health-conscious upgrades are being planned for Abington Hospital's Pavilion Grille cafeteria.*

By the end of the summer, the Pavilion Grille will have digital menu boards installed at every food station. These menu boards will not only inform diners about the foods available, but will offer nutritional facts and tips as well. For example, did you know there are more calories in a plain bagel than in a glazed donut?

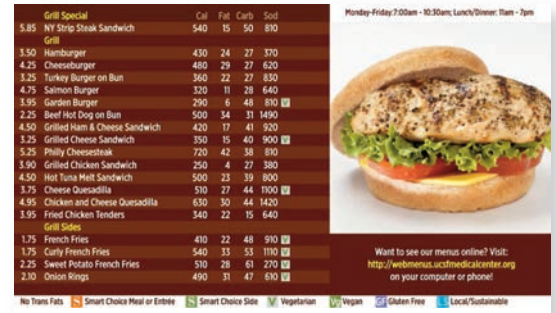
Also, say "goodbye" to the fryers and "hello" to new convection-type ovens. The Pavilion Grille will soon discontinue serving fried foods. Menu items such as fries, tater totes and chicken nuggets will be baked instead.

"Our job not only entails keeping our patients healthy, but offering options and resources that help keep everyone who works here healthy as well," said Abington – Jefferson Health President **Meg McGoldrick**.



*"Our job not only entails keeping our patients healthy, but offering options and resources that help keep everyone who works here healthy as well."*

**MEG MCGOLDRICK**  
*Abington – Jefferson Health president*



These changes are being implemented as part of the Abington Employee Wellness Program, which encourages employees to adopt a healthier lifestyle through a variety of diet- and fitness-based initiatives.

**2015 EMPLOYEE ENGAGEMENT SURVEY RESULTS** *continued from page 1*

The most favorable survey items included:

- Friendly and helpful coworkers
- AJH is an organization that demonstrates an attitude of genuinely caring about our patients
- AJH staff members know what is expected of them in their jobs, and feel their job gives them the opportunity to do the things they do best

items to meet the needs of the staff around engagement. We all have a part in making AJH the best it can be. Without your valuable feedback, we cannot construct a successful future for AJH and its community. Thank you for your participation in the 2015 survey and for your continued hard work to engage with AJH!

Over the summer, departments will be dialoguing around the survey results and working on action

## TRENDSETTERS

### 2015 Nurse Excellence Recipients



#### Semmelweis Award

*Kelly Purpura, assistant nurse manager, accepts the Semmelweis Award from Roger Nieman, MD for her efforts to decrease catheter associated urinary tract infections (CAUTI) in the MICU.*

#### RN

Barbara Abramek, MSN – DSON  
Risha Binu, BSN – 7B  
Stephanie Black, RN – Pediatrics  
Rachael Cawley, RN – 3B  
Lorie Ciminera, BSN – Home Care  
Jennifer Costello, BSN – PACU  
Dina Devers-Pimental, BSN – 2WW  
Jennifer Dunn, BSN – 3L OSI  
Patty Ferrizzi, RN – 3WW  
Kulynn Gleason, BSN – MICU  
Melissa Higgins, RN – 4WW  
Sherry Kessler, BSN – STU  
Susan Knorr, RN – 2WE  
Rebecca Mccarren, BSN – 5B  
Mary Meyers, RN –  
Case Management  
Chris O'meara, RN – ETC  
Carol Palumbo, BSN – OR  
Karen Perez, RN – 2L  
Kim Piening, RN – CSU  
Victoria Previti, BSN – PCU  
Anna Royal, BSN – MBU  
Judy Scalfaro, RN – 6B  
Jill Sherwood, RN – 5L  
Sandi Wancio, BSN – L&D  
Karen Whitehead, BSN – NICU  
Kay Williams, BSN – SPS/MPS

#### CA/AQA/TECH

Luz Borges – SCN  
Will Brooks – MICU  
Rose Espinoza – AHP  
Rose Fox – 2L

Syreeta Henderson – PCU

Rency John – 3B

Wisline Joseph – 5B

Jennifer Maahs – 5L

Mary Rose Maguire – L&D

Marcia Miller – Home Care

Christina Mims – CSU

Molly O'hagan – 2WW

Cheryl Parker-Patterson – 4WW

Markita Roberts – 4B

Kelly Robinson – 7B

Grace Sandy – MBU

Jessica Skumpija – 3L OSI

Allandria Straker-Edwards – ETC

Jana Tribble – 2WE

Joyce Wallace – 6B

Stephanie Workman – PACU

#### PARTNERS IN PRACTICE

Maurice Gross, MD

Sarah Heuges, LCSW

Janeal Hobbs

Bess Kauffman

K. Mathai Kurien, MD

Martha Majerczak

Dawn McClellan

Mary Mccoach

Carol Ramsden

Adam Smith, RRT

Joel Sorosky, MD

Lianne Truman

#### LEADERSHIP

Michele Walker, BSN

#### PATIENT ADVOCACY

Katie Detrick, BSN

#### RISING STAR

Eric Paone

#### ADVANCED PRACTICE

Mary Caree

#### UNIT EXCELLENCE 2015

5 Buerger

#### Gold Standard Award Winners

Since February, the following employees have been presented with The Gold Standard Award in recognition of their consistent commitment to the values of Abington – Jefferson Health.

**Nancy Leporace**, Hospice

**Lee Osea**, Print Shop

**Sharif Thomas**, Transport

**James Reinprecht, MD**

**Michele Sheaffer**, Pharmacy

**Deborah Jackson**, EVS

## NEW COMMITTEE READY FOR CASES OF INFECTIOUS DISEASES *continued from page 1*

The committee is currently recruiting new members from all departments, with specific need for clinical bedside staff, like nurses, clinical associates and doctors, as well as representatives from the Lab, Radiology, Respiratory and Transport. The committee's representatives will be responsible for helping set policy for caring for patients with

certain pathogens, training on how to safely care for patients with any infectious disease, and providing a safe environment for our staff. Committee members will meet monthly.

For more information or to join the committee, call Donna Hosephros at 215-481-2101.



## ABINGTON HOSPITAL INTRODUCES FUND FOR OVARIAN CANCER RESEARCH

In May, Abington Hospital introduced the Sherri S. Gendelman Fund for Ovarian Cancer Research, with the goal of finding new treatment options for ovarian cancer patients.

The fund was established in honor of the late Sherri S. Gendelman, a former patient at The Rosenfeld Cancer Center at Abington Hospital. Gendelman battled cancer for 17 months – initially diagnosed with ovarian cancer before the disease metastasized to her lungs and brain.

According to the American Cancer Society, ovarian cancer ranks fifth in cancer deaths among women, accounting for more deaths than any other cancer of the female reproductive system.

## ABINGTON HOSPITAL'S SLEEP CENTER HONORED FOR SLEEP-MEDICINE QUALITY FOR THE FIFTH TIME

Abington Hospital's Sleep Disorders Center has been reaccredited by the American Academy of Sleep Medicine (AASM) for the fifth time. To receive a five-year accreditation, a sleep center must meet or exceed all standards for professional health care as designated by the AASM.

Abington Hospital's multidisciplinary team of expert sleep specialists includes physicians who are board certified in pulmonary medicine, sleep medicine, neurology, critical care and pediatrics, allowing each patient to receive the most comprehensive evaluation and personalized treatment. The hospital's dedicated sleep program for children is one of the few in the Delaware Valley focused on pediatric sleep problems.

"This reaccreditation represents our extraordinary commitment to providing all patients with sleep disorders the best care possible, achieved through an interdisciplinary approach by experienced clinicians and staff," said **Richard E. Friedenheim, MD**, medical director of the Sleep Disorders Center.

AASM accreditation is the gold standard by which the medical community and the public can evaluate sleep-medicine services. The

"Developing this fund and raising money for it fulfills Sherri's wish to propagate the mission of finding new agents and new treatments," said **Mark Shahin, MD**, director of the Hanjani Institute for Gynecologic Oncology at Abington Hospital, who served as Gendelman's primary oncologist during her cancer treatment. "If we do not go forward with further clinical research, we will not be making the appropriate improvements that are so much needed for our patients."

A video introducing the fund can be found at [Abingtonhealth.org/waysofgiving/tribute-gifts](http://Abingtonhealth.org/waysofgiving/tribute-gifts)



### Journey to Survivorship

On June 14, The Rosenfeld Cancer Center at Abington Hospital hosted *Journey to Survivorship*, a celebration for cancer survivors throughout the community. The guest speaker at the event was Kathy LaTour, editor-at-large for *Cure magazine*. A two-time cancer survivor, LaTour was diagnosed with breast cancer initially in 1986, and then again in 2007. About 200 guests attended the event, which was well-received by all. One guest described LaTour, who gave an emotional and funny one-woman-show-type presentation – as "the Erma Bombeck of cancer."

Many thanks to the team from the cancer center for putting together such a meaningful and enjoyable event for our patients and their families.



Pictured, left to right: **Jim Trainer, RN**, **Kelly Pressler, RN**, **Kathy LaTour** and **Scott Herbert, MD**.



AASM Standards for Accreditation ensure that sleep-medicine providers display and maintain proficiency in areas such as testing procedures and policies, patient safety and follow-up, and physician and staff training.

The accreditation process involves detailed inspection of a center's facility and staff, including an evaluation of testing procedures, patient contacts and physician training. Additionally, the facility's goals must be clearly stated and include plans for positively affecting the quality of medical care in the community it serves.

For more information about Abington's Sleep Disorders Center, including our six convenient locations, call 215-481-2226 or visit [Jefferson.edu/AbingtonBrain](http://Jefferson.edu/AbingtonBrain).

**FOLLOW THE LEADER –**

**MEGHAN PATTON, VP, HUMAN RESOURCES, ABINGTON**



**Meghan Patton**, Interim SVP, Human Resources, Jefferson and VP, Human Resources, Abington.

Following the merger with Jefferson in May, **Meghan Patton** was named Interim SVP, Human Resources, Jefferson. She will continue to have responsibility for Human Resources at Abington – Jefferson Health.

***Who is the person with whom you would like to have lunch, living or deceased?***

My grandparents, who are both deceased. As an adult, I realize how much their sacrifices and hard work made for a better life for my mom and her family. I would want to tell them how grateful I am for what they did. Plus, I would want to ask my Mom Mom for her Wacky Cake recipe. No one can find it!

***What was your very first job?***

I pulled weeds at Ott's Greenhouse. I was about 12 years old, and it was not my favorite job.

***What is Abington's greatest strength?***

Our employees are Abington's greatest strength. During my 26 years of being part of Abington, I have had the pleasure of working with and getting to know really great people. Our employees are passionate about what they do and truly care about our patients and each other. That's what makes Abington such a wonderful place.

***Favorite quote?***

It's nice to be important, but it's more important to be nice.

***Favorite sports team?***

Fox Chase Firecats – my youngest daughter's soccer team.

***Favorite Philly cheese steak spot?***

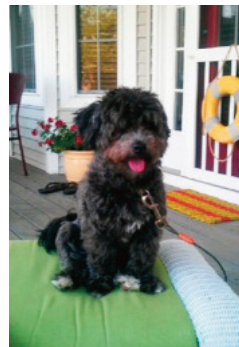
Jim's in South Philly.

***What kind of music is on your iPod?***

I share the iTunes account with my daughters, so more than half of the music on there isn't mine! I do listen to Kelly Clarkson and Taylor Swift, but I prefer the music from when I was younger - Genesis and Phil Collins, Chicago, Supertramp, Go-Gos, REO Speedwagon and the Atlantic Rhythm Section. Whenever I listen to the oldies, it makes me smile.

***Tell us about your family.***

My husband Skip and I have been married for over 25 years. He is an electrical engineer with PECO, and we have two daughters, Carey and Libby. Carey is a junior in college studying music, and Libby will be starting high school in the fall.



***Do you have any pets?***

We have a Havanese dog named Schmitt who is not very well behaved when I'm around. It's entirely my fault - he is just too cute to scold.

***What is your favorite vacation spot?***

Ocean City, NJ.

***What is a place you would like to visit, but haven't yet?***

One day, I would love to take my daughters to Paris.

## EMPLOYEES INVITED TO PARTICIPATE IN CDC-RECOGNIZED DIABETES PREVENTION PROGRAM



### Employees Golf to Learn About Stroke Symptoms

In May, Abington's stroke team coordinated a program in support of Stroke Awareness Month to teach fellow employees and visitors about stroke symptoms and treatments. While playing a round of mini golf, employees were given obstacles stroke patients might face, including playing golf with one hand, on one leg or with blurred vision. Employees and visitors were also educated about the acronym F.A.S.T., an easy way to remember the sudden signs of stroke:

- F – Face Drooping** – Does one side of the face droop or is it numb?
- A – Arm Weakness** – Ask the person to raise both arms. Does one arm drift downward?
- S – Speech Difficulty** – Is speech slurred?
- T – Time** – Time to call 9-1-1.

The Centers for Disease Control and Prevention (CDC) has bestowed full recognition status on Abington's Diabetes Prevention Program. If you are at risk for type 2 diabetes or have been diagnosed with prediabetes, you may be eligible to enroll in the program, which is available at no cost to employees and their dependents. The program, developed by the CDC, utilizes a carefully designed lifestyle-change regimen that has been proven to prevent or delay the onset of type 2 diabetes by 58 percent in people at high risk for the disease.



The program – now in its third cycle at Abington – runs for a full year beginning in September 2015. Participants meet with their group at Abington Hospital once a week for six months with a trained lifestyle coach, and then attend six monthly follow-up sessions to learn ways to incorporate healthier eating and more exercise into their daily routine.

Employee **Bette Shinn**, a registered nurse in the OB/GYN Center at AH, realized she may be at risk for diabetes after a routine physical with her doctor. Difficulty with controlling her weight, combined with a strong family history of the disease, led her to decide she needed to take action. Shinn joined Abington's Diabetes Prevention Program last October, and she has been absolutely thrilled with the results. She lost 40 lbs since starting the program – just 10 lbs shy of her goal of 50 – and she has benefited greatly from the stories and tips shared by others in her supportive group.

“The changes in lifestyle were so easy to implement, yet so critical to my long-term health.” Shinn said. “If you're at risk for diabetes, I would strongly recommend taking advantage of this incredible program.”

Spaces in the program are limited and are filled on a first-come basis. For more information or to find out whether you or a family member is eligible, call **Eileen Sturner, RN**, manager of the Diabetes Centers and Nutrition Center, at 215-672-0899.



*Continuing our story about Advanced Practice Professionals*

CERTIFIED REGISTERED NURSE ANESTHETISTS (CRNA)



**Four-Time Blood Donors**

Thank you to all who have supported the blood drives at AJH, especially those employees who donated four times during Fiscal Year 2015:

**Andrea Brown**  
Business Services

**Wendy Hartung**  
Chief of Staff Office

**Jacqueline Liberatore**  
Patient Advocacy

**Renee Long, CIS**

**Mariellen Maxwell, AHP**

**Amy McGowan**  
Business Services

**Elyse Ozer-Fels, Nutrition**

**Kenneth Tumas, Radiology**

**Diane Waeltz, Infomatics**

**Christine Henigan, Nutrition**

**Deborah Williams**  
Med Surg 6H

In the last issue of *Trends*, the role of physician assistants in the healthcare setting was discussed. This month, we talk about CRNAs.

Nurse anesthetists have been providing anesthesia care to patients in the United States for more than 150 years. The credential CRNA (Certified Registered Nurse Anesthetist) came into existence in 1956. CRNAs are anesthesia professionals who safely administer more than 34 million anesthetics to patients each year in the United States, according to the American Association of Nurse Anesthetists (AANA) 2013 Practice Profile Survey.

CRNAs are the primary providers of anesthesia care in rural America, enabling healthcare facilities in these medically underserved areas to offer obstetrical, surgical, pain management and trauma stabilization services.

According to a 1999 report from the Institute of Medicine, anesthesia care is nearly 50 times safer than it was in the early 1980s.

CRNAs provide anesthesia in collaboration with surgeons, anesthesiologists, dentists, podiatrists and other qualified healthcare professionals. Regardless of whether their educational background is in nursing or medicine, all anesthesia professionals administer anesthesia the same way.



CRNAs practice in every setting in which anesthesia is delivered: traditional hospital surgical suites; obstetrical delivery rooms; critical-access hospitals; ambulatory surgical centers; the offices of dentists, podiatrists, ophthalmologists, plastic surgeons and pain-management specialists; and U.S. military, Public Health Services and Department of Veterans Affairs healthcare facilities.

Nurse anesthetists have been the main providers of anesthesia care to U.S. military personnel on the front lines since WWI. Nurses first provided anesthesia to wounded soldiers during the Civil War.

*In the next issue of **Trends**, we'll explore Pathologists' Assistants.*



In May, a team of doctors from Makerere University in Uganda visited Abington as part of a program aimed at improving maternal- and child-healthcare education in their country. They toured Abington Hospital's maternity floor and neonatal intensive care unit (NICU), learned about the hospital's telemedicine program, and made a trip out to the Dixon School of Nursing during their visit.

Thank you to **John Phillips**, Physician Relations and **Gerry Cleary, DO** for hosting our special guests.

## ABINGTON HOSPITAL SELECTED TO JOIN BABY-FRIENDLY HOSPITAL INITIATIVE



*“Breastfeeding provides a natural source of nutrients babies need, while lowering the risk of numerous health problems for both baby and mother.”*

**STEVEN A. SHAPIRO, DO**  
Chair, Pediatrics Department  
Abington Hospital

Abington Hospital has been selected to be among the first hospitals in the nation to join the EMPower Initiative to enhance maternity care practices and work toward achieving the Baby-Friendly USA<sup>®</sup> designation.

EMPower is a hospital-based quality-improvement initiative focusing on maternity care practices leading to Baby-Friendly designation. Funded by the Centers for Disease Control and Prevention, EMPower is aimed at increasing breastfeeding rates throughout the United States and supporting optimal breastfeeding practices toward the ultimate goal of improving the public’s health.

“Our entire organization is committed to promoting proper breastfeeding practices, the benefits of which are undeniable,” said **Steven Shapiro, DO**, chair of Abington Hospital’s Pediatrics Department. “Breastfeeding

provides a natural source of nutrients babies need, while lowering the risk of numerous health problems for both baby and mother.”

As part of this effort, Abington Hospital will receive ongoing support in breastfeeding practices from experienced coaches, as well as training and resource support in lactation education. The effort supports evidence-based practices for prenatal and maternity settings known as the Ten Steps to Successful Breastfeeding and the Baby-Friendly Hospital Initiative, an effort to encourage and recognize hospitals and birthing centers that complete the Ten Steps. The Baby-Friendly Hospital Initiative, launched in the United States in 1996, designates as “Baby-Friendly” hospitals that meet the criteria for women to initiate and continue with breastfeeding.

### New Patient Experience Coordinator Named

In June, **Tiffany Delgado-Bickley** was appointed Patient Experience Coordinator for Women & Children’s Services. Tiffany began her employment at Abington Hospital in 2009 as a children’s case manager in our Creekwood Center.

In 2001, she became a supervisor and the SAP coordinator. Tiffany earned her BA in psychology from Temple University and is actively working on her MS in non-profit leadership at LaSalle University.

*Please join us in congratulating Tiffany on her new position!*

### Visiting Nurses From the Netherlands Tour Abington



As part of an international study tour, 45 Master Advanced Nursing Practice students from the University of Applied Sciences in Utrecht, The Netherlands visited Abington Hospital on June 17.

The Dutch nurses toured several of our units including: operating suites, the cardiac cauterization lab, the Emergency Trauma Center

and the orthopedic unit. In addition, they toured three of the clinics dedicated to serving the uninsured and underinsured. The day concluded with a visit to Abington’s “Sacred Space,” where operating room nurses focus on alleviating patient fears and enhancing the nurse/patient relationship.



## 2015 KLEIN AWARDS FOR PHYSICIAN AND NURSE INNOVATION

In April, Andrew M. Star, MD received the 2015 Klein Award for Physician Innovation, while **Diane D. Waeltz, BSN** was presented with the 2015 Klein Award for Nurse Innovation.



From left to right: Janet Klein, Lew Klein, **Diane D. Waeltz, BSN**, Andrew M. Star, MD and Chris Christensen, III, DO, chair, Innovators' Circle Clinical Advisory Committee.

Dr. Star, medical director of the Orthopaedic and Spine Institute at both Abington Hospital and Abington – Lansdale Hospital, and chief of the Division of Orthopaedic Surgery at Abington Hospital, has been a major proponent of early adoption of new technology in joint-replacement surgery. He was involved in

the development of new approaches to knee-replacement surgery using smaller muscle-sparing incisions – a technique he brought to Abington in 2002 – and he was one of the first surgeons in the

area to offer an innovative anterior approach for hip replacement. Dr. Star is now using robotic arm technology for partial knee replacements.

Waeltz, senior clinical informatics specialist, has been involved in numerous innovative projects during her 24 years at Abington. In conjunction with IT, she developed tracking boards for the inpatient units to help staff quickly gain situational awareness. She has also created intuitive pathways for staff to electronically document patient care, and she formed a strong partnership with nurse educators to co-lead the implementation of medication bar coding. Additionally, Waeltz helped develop a cost neutral education and implementation plan by bringing educational programs to the units for learning right at the point of care, a model that will now be a base for future educational and implementation strategies.

## WELLNESS FOR HEALTH RECIPE

Recipe by Executive Chef **Dion Payne**

### Peach Walnut Salad

#### INGREDIENTS

##### Dressing

- 1/3 cup walnuts, toasted
- 1/2 cup chopped peaches
- 1/4 cup orange juice
- 1 tablespoon lemon or lime juice

##### Salad

- 1 head green leaf lettuce, leaves washed and torn into bite-size pieces
- 1 head red leaf lettuce, leaves washed and torn into bite-size pieces
- 2 peaches, halved, pitted and thinly sliced
- 8 radishes, thinly sliced
- 1 cucumber, halved lengthwise and thinly sliced
- 1/2 cup walnuts, toasted

#### DIRECTIONS

Put all dressing ingredients in a food processor or high-powered blender and puree until smooth. Add a little water if needed to thin to a pourable consistency.

Toss salad ingredients in a large bowl. Drizzle with dressing, toss to coat well and serve immediately.

#### Nutritional Values Per Serving:

- 120 calories (70 from fat)
- 8g total fat
- 0.5g saturated fat
- 0mg cholesterol
- 30mg sodium
- 9g carbohydrate (3g dietary fiber, 2g sugar)
- 4g protein



**DAIRY FREE**  
**GLUTEN FREE**  
**LOW SODIUM**  
**RAW**  
**VEGAN**  
**VEGETARIAN**  
**WHEAT FREE**

## ABINGTON PHYSICIANS NAMED PHILADELPHIA MAGAZINE TOP DOCS

### ALLERGY & IMMUNOLOGY

Philip D. Fleekop, MD  
Eva Jakabovics, MD  
Mark A. Posner, MD

### CARDIAC ELECTROPHYSIOLOGY

Steven P. Kutalek, MD

### CARDIOVASCULAR DISEASE

Steven J. Mattleman, MD

### CHILD NEUROLOGY

Agustin Legido, MD

### COLON & RECTAL SURGERY

D. Mark Zebley, MD

### DERMATOLOGY

Clifford S. Perlis, MD

### ENDOCRINOLOGY

Glenn A. McGrath, MD

### GERIATRIC MEDICINE

**Mary T. Hofmann, MD**  
Mary Ann Kuzma, MD

### GYNECOLOGIC ONCOLOGY

**Mark S. Shahin, MD**

### INFECTIOUS DISEASE

**Todd I. Braun, MD**

### INTERNAL MEDICINE

**Margot I. Boigon, MD**  
Elisa B. Mandel, MD  
**Joseph A. Rigotti, DO**  
**Kevin M. Zakrzewski, MD**

### INTERVENTIONAL CARDIOLOGY

Asoka Balaratna, MD  
Bruce D. Klugherz, MD

### MATERNAL AND FETAL MEDICINE

Stephen J. Smith, MD

### MEDICAL ONCOLOGY

Peter V. Pickens, MD

### NEONATAL-PERINATAL MEDICINE

Endla K. Anday, MD

### NEPHROLOGY

Victor E. Ghantous, MD

### NEUROLOGICAL SURGERY

**Steven J. Barrer, MD**  
**Douglas W. Laske, MD**

### NEUROLOGY

James M. Burke, Jr., MD

### OB/GYN

**Joseph J. Murphy, III, MD**

### OPHTHALMOLOGY

Allen C. Ho, MD  
Allan E. Wulc, MD

### ORTHOAEDIC SURGERY

Gregory G. Gallant, MD  
Norman A. Johanson, MD

### OTOLARYNGOLOGY

Ahmed M. Soliman, MD

### PEDIATRIC SURGERY

N. Scott Adzick, MD

### PEDIATRIC UROLOGY

Douglas A. Canning, MD  
Gregory E. Dean, MD  
Mark R. Zaontz, MD

### PEDIATRICS

Charles A. Block, MD

### PULMONARY DISEASE

Richard W. Snyder, MD

### RADIATION ONCOLOGY

Wayne H. Pinover, DO

### REPRODUCTIVE MEDICINE

Jay S. Schinfeld, MD

### SPORTS MEDICINE

Eugene S. Hong, MD

### SURGERY

**Fernando B. Bonanni, Jr., MD**  
Robert K. Josloff, MD  
David J. Reich, MD

### THORACIC AND CARDIAC SURGERY

J. William Gaynor, MD  
James B. McClurken, MD  
**Rohinton J. Morris, MD**

### UROLOGY

Robert S. Charles, MD  
David Y.T. Chen, MD  
Richard E. Greenberg, MD  
A. Michael Samaha, Jr., MD  
Robert G. Uzzo, MD

### VASCULAR AND INTERVENTIONAL RADIOLOGY

Paul V. O'Moore, MD

### VASCULAR SURGERY

Theodore R. Sullivan, Jr., MD



# HRNews

## 2015 Flu Season Vaccinations

Flu vaccinations are mandatory for anyone working in an Abington – Jefferson Health facility. This includes employees, physicians, nurses, residents, volunteers, students and contracted employees. Employee Health will provide the flu vaccine this fall free of charge.

All exemption forms, which are available on *the Bing*, are due back to Employee Health by September 1, 2015.



## ANNUAL BACK-TO-SCHOOL SHARING PROGRAM HELPS LOCAL KIDS GET READY FOR SCHOOL



Abington – Jefferson Health is collecting new school supplies to assist children of our Community Centers.

New items such as book bags, pens, pencils, notebooks, binders, markers, erasers, pencil cases, rulers and calculators are being accepted. Donations may be dropped off from Tuesday, July 21 to Wednesday, August 5 at any of the locations listed below. This program is sponsored by Employee & Volunteer Activities.

Please contact **Ellen McCloskey** at 215-481-2521 or [emccloskey@abingtonhealth.org](mailto:emccloskey@abingtonhealth.org) with any questions.

### Abington Hospital:

- Pavilion Grille, information center
- Dixon building lobby

### Abington – Lansdale Hospital:

- Time Clocks at gazebo entrance
- 51 Medical Campus Drive building

### Abington Health Center – Willow Grove:

- Willowood Building lobby
- Blairwood Building registration
- Pennwood Building lobby

### Abington Health Center – Warminster:

- Main lobby

### Abington Health Center – Blue Bell:

- Main lobby

## Discounts Available on Tickets to Select Philadelphia Phillies Games



Abington Employee Activities has partnered with the Philadelphia Phillies to offer discount pricing to select home games this season. To order, go to [phillies.com/couponcode](http://phillies.com/couponcode)

and enter coupon code AH2015 to obtain a special \$8 per ticket discount on select tickets.

Tickets are subject to availability.

More information can be found on the Human Resources section of *the Bing* under Employee Activities.

- Monday, July 20, 2015 vs. Tampa Bay Rays @ 7:05 p.m.
- Thursday, July 30, 2015 vs. Atlanta Braves @ 7:05 p.m.
- Wednesday, August 5, 2015 vs. LA Dodgers @ 7:05 p.m.
- Tuesday, August 18, 2015 vs. Toronto Blue Jays @ 7:05 p.m.
- Monday, August 24, 2015 vs. New York Mets @ 7:05 p.m.
- Thursday, September 10, 2015 vs. Chicago Cubs @ 7:05 p.m.
- Friday, October 2, 2015 vs. Miami Marlins @ 7:05 p.m.



# Around Lansdale Hospital

## HATS OFF TO ABINGTON – LANSDALE HOSPITAL

Employees show off their style at the “Hats Off to Lansdale” celebration on May 14.



### Lansdale Hospital Receives Healthgrades Awards

Above: Linda Wojcio, senior director, Healthgrades (left) presents **Katie Farrell**, COO Abington – Lansdale Hospital with the Outstanding Patient Experience Award on May 14, 2015.

Below: **Victoria Frederick**, Purchasing; **Katie Farrell**; **Beth Prajzner**, Radiology; **Denise Pitts**, Public Relations; **Robyn Lewis**, Business Development



**Victoria Frederick**, Purchasing; **Mike Schumacher**, RN, Patient Safety and Quality



**Sue Smith**, RN and **Monica D'Elia**, Staff Development



## EMS WEEK BARBECUE



The ALH Nutrition team prepares for the annual EMS BBQ on May 21. Pictured: **Donna Dunn**, **Jeff Rolen**, **José Valle**, **Jamal Bridgefourth**, **Shawn O'Leary**



**Jacqueline R. Bak**, MSN, director of perioperative programs at Delaware County Community College (right) presents **Jeanette Dructor**, RN, team coordinator, OR, Abington – Lansdale Hospital with the academic achievement award for RN First Assistant in Surgery on May 19.

# OurVoices

## SERVING THE COMMUNITY

A number of Abington volunteers recently displayed their dedication to helping those in need.

### PhilAbundance | May 7, 2015



**Christine Clark, EVS** and **Michelle Pindle, EVS**

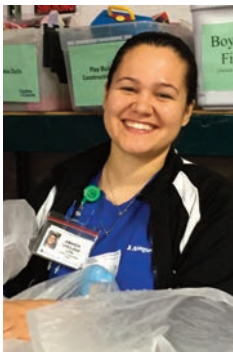


Pictured, left to right: (back row) **Barbara Snee, Patient Registration**; **Felicia Staton, Nutrition**; **Stephen Barford, Plant Ops.**; (front row) **James Kirkland, EVS**; **Tyahisa Millner, EVS**; **Maria Hudson, EVS**; and **Len Villanova, Plant Ops.**



**Stephen Barford, Plant Ops**; **Elena Marie Granito, 6H** and **Nifesh Williams, Nutrition Services**

### Cradles to Crayons | June 11, 2015



**Amanda Chiclana, ASU** packs toys, puzzles and board games for children served by C2C.



**Amanda Roy, 6H**; **Amanda Chiclana, ASU**; **Christine Weller, 6H**; **Judy Scalfaro, 6H**; **Melanie Nieves, 6H**; **Cheryl Burns, Abington Primary Women's Healthcare Group**; **Jacqueline Brown, Diversity Summer Co Op** and **Sabrina Harris, Director, Diversity & Inclusion.**

**Amanda Roy** and **Christine Weller**, both from 6H, have fun selecting age-appropriate toys, games and puzzles for children in need.



### The Breathing Room | April 30, 2015



Nursing managers and directors care for plants as well as patients! Pictured: **Kathy McDade**; **Holly Badali**; **Deb Miller** and **Mary Lou Kurilla.**



## OurVoices

### WELCOME TO OUR 2015 SUMMER CO-OP STUDENTS

The Abington – Jefferson Health co-op program combines summer employment and hands-on work experience for a culturally diverse group of students and recent graduates, providing an opportunity to explore non-clinical healthcare careers. Started in 2005, the program's focus is on teamwork and increasing awareness of non-clinical healthcare career options.



*The 2015 participants are (front row, from left): Niya McLeod, Cheyney University, CIS; Maureen Marron, University of Pittsburgh, Materials Management; Sheena Phillip, Pennsylvania State University (PSU), Emergency; Sasha Woshczyn, Arcadia University, Legal; Caitlyn Falguera, Kutztown University, Finance; Ashley Hassett, PSU, Nutrition Services; Taylor O'Neil, Marywood University, Speech; Tricia Méroné, PSU, Public Relations and Marketing; Jennifer Shapley (Human Resources intern), PSU, Compensation.*

*(Back row, from left): Tim Chwal, PSU, Fund Development; Kevin Costello, Bloomsburg University, HR – Lansdale; Jacqueline Brown, St. John's University, Diversity; Anni Lees, Arcadia University, Chief of Staff; Mavin Baptiste, Cheyney University, HR; Gregory Griffin, Temple University, Internal Medicine; Baxadir Xudayberdiev, PSU, Nursing.*

*(Not pictured: Lauren Williams, PSU, Administration - Lansdale; Lola Obasa, PSU, Nursing – Stroke Department Lansdale.)*



## OurVoices

### DIVERSITY BOOK CORNER

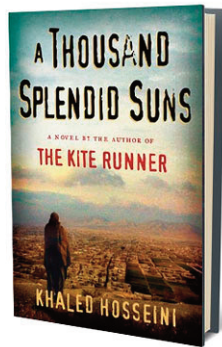
#### A THOUSAND SPLENDID SUNS, BY KHALED HOSSEINI

Review by Jacqueline Brown

A story about heartache, loss and love, Hosseini's *A Thousand Splendid Suns*, brings readers into Afghanistan from the early 1960s to the early 2000s. The story revolves around two women of very different backgrounds whose worlds get threaded together as a result of death, abuse and heartache. Hosseini begins his story discussing Mariam, a young girl who just wants to be loved by her wealthy father but instead is forced to marry an abusive shoemaker. Constantly hurt and neglected, the only thing that keeps Mariam going is her Islamic faith. Growing up in the same neighborhood where Mariam and her abusive husband reside, is Laila. Quite different from the life that Mariam has, Laila lived with two loving parents and had hopes of a bright future until she loses them both due to the effects of the Afghani war against the Soviets. After the death of her

parents, Laila is brought into Mariam's world when she becomes the shoemaker's second wife.

Taking two different stories, Hosseini expertly weaves one story together. Readers are able to relate to both Mariam and Laila. Although their backgrounds are different, their lives become intertwined and they learn to not only accept each other but to have a love and loyalty for one another that no one can squelch. Hosseini draws readers in by allowing his story to hit every emotion. Readers become saddened over death, infuriated by the abuse and comforted by the friendship the women share. *A Thousand Splendid Suns* is about two strong women who do not give up in spite of the hardships they have faced. Through friendship and courage, the women are able to get through their turmoil, which in the end allows them both to find peace.



In this new series of book reviews, we'll explore stories centered on cultural diversity and social acceptance.

Listed (right) are books that involve cultural diversity. These books give insight to a world other than our own.



Each book tells a story of a person who is trying to find their place in a world that may not accept them for who they are or who they aren't.

1. *A Thousand Splendid Suns*, by Khaled Hosseini
2. *The Joy Luck Club*, by Amy Tan
3. *My Beloved World*, by Sonia Sotomayor
4. *The Plague of Doves*, by Louise Erdrich
5. *The Namesake*, by Jhumpa Lahiri
6. *Americanah*, by Chimamanda Ngozie Adichie
7. *The Round House*, by Louise Erdrich
8. *Girl In Translation*, by Jean Kwok
9. *Bamboo Among the Oaks: Contemporary Writing by Hmong Americans*, edited by Mai Neng Moua
10. *Shabanu: Daughter of the Wind*, by Suzanne Fisher Staples
11. *The Book of Unknown Americans*, by Cristina Henríquez
12. *The Meursault Investigation*, by Kamel Daoud
13. *Brown Girl Dreaming*, by Jacqueline Woodson
14. *Out of My Mind*, by Sharon Draper
15. *Lies We Tell Ourselves*, by Robin Talley
16. *Everything I Never Told You*, by Celeste Ng
17. *Sold*, by Patricia McCormick
18. *I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban*, by Malala Yousafzai
19. *When I Was the Greatest*, by Jason Reynolds
20. *The Secret Side of Empty*, by Maria E. Andreu
21. *Why Are All the Black Kids Sitting Together in the Cafeteria?* by Beverly Daniel Tatum
22. *Ask the Passengers*, by A. S. King
23. *Two Boys Kissing*, by David Levithan